

Composting Guidelines:



Greens

(wet, contain nitrogen):

Tea Bags/Loose Tea
Vegetable & Fruit Scraps
Grass Cuttings
Flowers/Plants
Coffee Grounds

Browns

(dry, contain carbon):

Cereal Boxes
Other Unwaxed Boxes
Toilet Paper Rolls
Tissues
Shredded Paper
Torn Cotton/Wool



Dairy
Meat

Animal Waste
Cooked Food
Diseased Plants

Quick Tips:

- Cut or tear up compostables
- Try to keep a balance of greens & browns
- If your counter bin starts to smell, add a charcoal filter



Rose-Tinted
Rebel

LIFE ON YOUR TERMS



Full Composting Guidelines at: www.therosetintedglobe.com